The Rules of Love and Logic

RULE #1
Adults set firm limits in loving ways without anger, lecture, or threats.

RULE #2
When a child causes a problem the adult hands it back in loving ways.
1. In a loving way, the adult holds the child accountable for solving his/her problems in a way that does not make a problem for others.
2. Children are offered choices with limits.
3. Adults use enforceable statements.
4. Adults provide delayed/extended consequences.
5. The adult’s empathy is “locked in” before consequences are delivered.