

INSIGHTS

LOVE AND LOGIC® POSITION PAPER ON THE USE OF SPANKING AS A DISCIPLINARY TOOL

The previous position we outlined on spanking in the book, *Grandparenting with Love and Logic*, was our thinking as of 1994 when the book was written. Since then, fortunately, our knowledge has grown. The world we live in has changed and we have developed new techniques that are far more effective than spanking.

For the record, our present stance on spanking is:

1. There is no need for spanking.
2. Spanking is counter-productive. It makes the adult into the “bad guy” instead of the child’s bad decision becoming the culprit.
3. Love and Logic techniques are far more powerful than spanking.
4. Most kids would much rather have a spanking than have their parents use Love and Logic techniques, such as delaying the consequence while the parent thinks over the problem, develops a clear head, and then locks in the empathy before telling the child what the consequence will be.
5. Since we now have much better techniques, why waste our time with spanking?
6. A considerable amount of solid research is now available, indicating the harmful, counter-productive results of using spanking as a disciplinary tool.

These six points, plus others, will replace the content of the chapter on spanking if we reprint the book.

Please feel free to reproduce this letter and provide it for others who happen to be interested in the Love and Logic position on spanking.

Sincerely,

Jim Fay
Chairman of the Board
Love and Logic Institute, Inc.



2207 Jackson St. Golden, CO 80401-2300
800-338-4065 - www.loveandlogic.com