Love and Logic
for the
CLASSROOM AND HOME
REAL LIFE SOLUTIONS FOR REAL LIFE PROBLEMS

EDUCATOR & PARENT RETREAT
BEAVER RUN RESORT
June 24th - 26th, 2019

GRADUATE-LEVEL CREDIT AVAILABLE FROM BRANDMAN UNIVERSITY!
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Charles Fay, Ph.D.

NOTE: LUNCH IS PROVIDED EACH DAY OF THE SUMMER RETREAT
DAY ONE
CHARLES FAY, Ph.D. & JIM FAY
Morning Session

Monday, June 24th, 2019
8:00 A.M. - 12:00 P.M.

Love and Logic:
It’s Simple. It’s Practical & Positive. It Brings the Best Out of All Kids

Are you looking for commonsense solutions rather than short-term gimmicks? Are you tired of complicated systems that create more problems and power struggles than they solve? Would you like to laugh while learning strategies for bringing the best out of even the most challenging youth? Internationally acclaimed authors, Dr. Charles Fay and Jim Fay, will kick-off this year’s Love and Logic Retreat by providing practical classroom and home tools for:

• Remaining calm and effective in the face of defiance and back talk.
• Getting kids to listen and behave without having to nag, lecture or raise your voice.
• Providing loving discipline that builds mutual respect and self-control.
• Taking good care of yourself.
• Taming our own emotions while reaching highly emotional kids.

You will see how Love and Logic applies to youth with serious trauma, as well as those going through normal developmental challenges.

Love and Logic: It’s about caring relationships and respect, rather than coercion and control.

Charles Fay, Ph.D.

Charles Fay is a parent, internationally known consultant, and author. Thousands of educators, mental health professionals, and parents have profited from his wealth of practical, down-to-earth solutions to the most common and frustrating problems displayed by youth of all ages. These solutions come directly from years of research and experience serving severely disturbed youth and their families in psychiatric hospital, public school, and home settings.

Charles presents Love and Logic seminars and personal appearances throughout the nation. His audiences laugh and learn as they hear stories and examples illustrating his unique perspective on the Love and Logic approach to discipline. Many conference attendees have written comments such as, “The time went so fast...a very entertaining speaker” and, “I’m so relieved that he gave us things we can actually use rather than lots of theory and impractical stuff.”
“How do I get them to behave so that I can teach?” Across the country Charles and Jim hear this question from both beginning and veteran educators. In this to-the-point session they will provide a step-by-step plan for creating a Love and Logic classroom. That is, a classroom that maximizes learning time and enjoyment for both students and their teachers.

You’ll hear:

- How to build the types of relationships and routines that save kids and save your sanity.
- Steps for creating a discipline plan that empowers students to solve problems and exercise self-control.
- Easy interventions for preventing and managing disruptions.
- How to avoid getting pulled into exhausting battles over work completion.
- How to maintain a safe and calm environment even with students having severe social, emotional and behavioral challenges.

Educators often remark, “We’re seeing more and more kids with extreme trauma and the associated behaviors.” Love and Logic helps educators take the lead by showing kids what love, respect and responsibility really look like.

Jim Fay
Jim Fay is one of America’s most sought-after public speakers. His dynamic presentations have revolutionized the way professionals and parents approach working with children. He has received international acclaim for his ability to translate theory into practical strategies. People leave his presentations empowered to use his techniques immediately. The most common statement about his techniques is, “They’re easy and they work!” Jim is a prolific writer and producer of training materials as well.

As co-founder of the Love and Logic Institute, Inc., Jim has developed the most extensive collection of training materials focused specifically on a philosophy of working with children. This philosophy is known as Love and Logic. It has fast become the philosophy of choice for professionals and parents who want to teach children to become responsible and resourceful. Jim is a master storyteller who teaches through real-life examples and anecdotes. His audiences marvel at the way time flies while they learn with him. Many participants say, “I just hate to see Jim’s sessions come to an end. I could listen to him forever.”
DAY ONE
KATE TURNER, MA, CSC, LPC
Afternoon Session

Monday, June 24th, 2019
1:00 P.M. - 3:30 P.M.

When Technology & the Online Community Threaten to Replace Family
How Love and Logic Can Help You Protect Your Kids

“Eric! Dinner is on the table this is the fourth time I’ve called you!”
“Geeeeeeeeeez mom!! I can’t stop now I’m at level 4582 eat without me!”
“Kayla, honey, I found inappropriate photos on your phone we need to talk.”
“Dad you have NO RIGHT to spy on me! I’m in sixth grade, and you treat me like a baby!
Really? You can’t invade my privacy!

“Sam, we’d like to have a family meeting does tomorrow at 6 PM work for you?”
“Sam? Sam?! Sam!! Take your headphones off I’m speaking to you.”

Does any of this sound familiar?

For 20 years Kate has taught and counseled kids, families and educators, watching as screens have taken the place of authentic face time. When technology is over-used or abused it creates depression, anxiety, isolation, loneliness… and even a pathway to very serious issues with drugs, sexual acting out and other high-risk behaviors.

Thankfully there are tried and tested tools that can save your kids! In this lively and hope-filled session you will learn:

• How your family/classroom can R.O.A.R.
• What’s in our toolbox?
• How to teach our kids the positives and negatives of technology?
• How do we begin the reconnection process?
• What do you mean by C.H.A.T.T.?
• What are some activities we can use right away?

Kate Turner, MA, CSC, LPC
Kate Turner is a speaker, consultant, certified school counselor and licensed professional counselor in the Houston area. Kate began her professional career as a public-school teacher in Texas – teaching across the ages – high school, elementary school and even Pre-K. After marrying James (“JT”), she stayed home as a scientist conducting experiments (aka learning and using Love and Logic®) in the family laboratory with their two kids - Jess and James Austin. In 2000 she went back to the public-school setting as an elementary counselor for Conroe ISD and later Spring ISD. As her desire to spread the great news of Love and Logic grew, so did the demands for her presenting and training others about Love and Logic, and in 2014 she opened a private counseling and consulting practice in Spring, Texas. When Kate presents, she loves to include stories of laughter and hope from parents and teachers who have used Love and Logic - she also loves to sing – so you may spy a guitar with her.
Tuesday, June 25\textsuperscript{th}, 2019
8:00 A.M. - 3:30 P.M.

When Our Emotions Get in the Way of Being Effective
Why We Get Upset with Our Kids, or Students,
and What to Do About It

How often do your emotions get in the way of your parenting or teaching? What has been the cost of your emotional reactivity? If you could learn to stay calm in the midst of misbehavior, what would that do for your relationships and confidence?

Come laugh, engage and feel empowered as you discover how to:

- Break the cycle of emotional reactivity.
- Change the negative emotional climate in your home or classroom instantly.
- Love and accept your kids for who they are even when they are "driving you crazy."
- Repair relationships damaged from past emotional reactivity.
- Create more meaningful connections with your kids.
- Create an environment where kids can learn from their misbehavior without blaming you.

Larry Kerby, MBA

Larry Kerby, is a sought after entertaining and engaging speaker. He helps parents and teachers to create more joy, peace and happiness by understanding their role with children. He teaches effective, practical and proven parenting techniques that parents and teachers can take away and start using immediately. He is the author of the "Master Your Emotions" seminar series. Larry is also a trained independent facilitator of the Love and Logic curricula.
Day Two

Jedd Hafer

All Day

Tuesday, June 25th, 2019
8:00 A.M. - 3:30 P.M.

Classroom Strategies for Reaching Students with Trauma:
How Love and Logic Skills Can Calm the Storm

Do you have students in your school... perhaps many in your classroom... who either act-out or shut-down because of the hurt in their lives? Do you find yourself wondering, “How can I meet these students’ needs while maintaining a calm and productive classroom?” At times does it seem overwhelming?

For more than two decades Jedd has served abused and neglected youth. In this session he will give you real skills that cut through the myth that these kids can’t be successful. You will discover:

- How to build the trust and relationships required for these students to grow.
- Why our mindset is more effective when we remember that pain drives their most challenging behaviors.
- Specific skills for preventing and addressing disruptive behavior.
- How empathy can start the process of steering explosive students toward healthier options.
- How to keep yourself healthy.

Jedd Hafer

Jedd Hafer has been hand-picked by Jim Fay and Dr. Charles Fay for his outstanding speaking abilities as well as his extensive experience with very challenging kids. For more than 20 years Jedd has worked with severely troubled youth in treatment centers and alternative schools where he has witnessed time after time the effectiveness of Love and Logic skills. Jedd is a father of four kids, two who are adopted out of the foster care system. His experience with challenging kids fuels his flair for training professionals and parents. He has presented to schools and organizations in 42 states and 4 countries. As a former touring professional comic, Jedd’s presentations are always filled with humor and passion, blending his own hilarious style with solid Love and Logic techniques. Check out his latest webinar, Love and Logic Strategies for Kids with Hurtful Past and his latest book ‘The Pocket Grandpa’.
Love and Logic for School Leaders: Creating a Love and Logic School Culture

This session is for formal and informal school leaders who want to create a school where teachers treat kids with respect, students love and respect their teachers, and learning isn’t derailed by constant disruptions.

Hear how to:

• Develop your core beliefs.
• Train the staff.
• Motivate negative teachers.
• And much more!

Attend this session if you want down-to-earth strategies for managing your team.

Pre-registration is required.
Seating is limited.

Chris Burr, M.S.Ed.

Nearly twenty years ago, as a new teacher, and a young parent of two, Chris had the first of many opportunities to listen while Jim Fay taught Love and Logic to an audience full of learners. Through his career as a teacher, building administrator, and now superintendent, Chris has dedicated himself to a deeper understanding of Love and Logic, and how to help children and adults alike take ownership of their successes, and their failures. For more than twelve years, Chris has been facilitating Love and Logic through the 9 Essential Skills training, with many schools, and hundreds of parents, teachers, and school staff members. Chris believes strongly in the principles of Love and Logic as the healthiest way to long-term positive behaviors and relationships for children, and for the adults that care for them.
You CAN Do Something About Anger and Violence:
Helping Youth... and Ourselves... Develop Options to Anger

In this dynamic, humorous and hopeful session, John will provide an overview of Options to Anger, a nationally recognized intervention model. Over the past 20 years, it has enjoyed success in homes, schools, community centers, detention facilities and other settings serving youth.

It’s not just about kids who already have anger problems.
It’s also about helping all kids learn healthy skills for navigating life!

In this session you will learn tools for helping youth (and ourselves):

- Understand the invitations that lead to anger.
- Recognize anger’s early warning signs.
- Choose courageous ways to “get off the road to anger.”
- Apply physical relaxation techniques.
- Maintain respect for self and others in conflict situations.
- Techniques for expressing feelings and slowing the anger process.

John uses a fun mix of information, role-playing, visual aids and audience dialogue to inspire hope and renewal.

John Aarons, M.S.
John Aarons is President of TFC Consultants in Eugene, Oregon founded in 2002, TFC Consultants is dedicated to the implementation of community-based programs. Prior to this, John worked in Juvenile Justice in Lane County, Oregon for over 30 years. In his work with disturbed and delinquent youth Mr. Aarons developed Options to Anger, with two colleagues, for intervention with angry and violent juvenile offenders. This has become a nationally recognized model that is being used by correctional, education, and related settings.

John presents on topics related to high risk youth including: teen depression and suicide, understanding delinquency, adolescent development, addiction issues with adolescent clients, motivational interviewing and cognitive behavioral intervention techniques.
Wednesday, June 26th, 2019  
8:00 A.M. - 3:30 P.M.

Will Students Really Behave without Getting Stickers, Points or Pizza Parties? 
Why the Answer is “Yes!” and How to Make it So

Does it seem like educators are expected to apply more and more “programs” each and every year? Does it appear that applying commonsense, building real relationships and helping students develop self-control and intrinsic motivation are lost in the process? Are you feeling so pressured to apply “systems” that there’s no time or energy left over to give your students what they really need?

In a world with increasing numbers of programs and experts, the foundational skills of educating children sometimes seem lost or forgotten. Love and Logic can help us cut through the fog and restore our focus.

In this session, Chris… a veteran educator, coach and parent… will share:

• How to maintain order in the classroom without needing a rigid reward or consequence system.

• Why punishments and rewards are more alike than different.

• How to help students develop intrinsic motivation rather than dependency and entitlement.

• Why Love and Logic helps kids develop a growth and achievement mindset.

• How to truly develop a classroom where students own and solve problems rather than expecting their teachers to.

• A specific plan growing as a Love and Logic educator through continued study and practice.

Most importantly, you will leave this day of learning feeling reassured, energized, and maybe even happy!

Chris Burr, M.S.Ed.  
See page 9 for a complete bio.
DAY THREE
CHARLES FAY, Ph.D.
Morning Session

Wednesday, June 26th, 2019
8:00 A.M. - 12:00 P.M.

Trauma-Informed Strategies:
An Overview of the Love and Logic: Adults Supporting Youth with Challenging Pasts\textsuperscript{TM} Curriculum

When trauma has impacted a child, they desperately need the hope that can only be provided by tremendously loving, skilled, and healthy adults. Would you like to make a difference in your home, community, school or other organization by providing the type of training that can really help these adults? In this session, you will learn how to facilitate classes that show:

- How to help these youth feel safe enough to trust and to build healthy attachment relationships.
- Why it's so important to avoid taking the behaviors of these youth personal.
- Strategies for developing and teaching healthy boundaries.
- How to provide success experiences that build self-efficacy and cause-effect thinking.
- Why Love and Logic is such a powerful approach for reaching these kids and remaining healthy in the process.

Charles Fay, Ph.D.

Charles Fay is a parent, internationally known consultant, and author. Thousands of educators, mental health professionals, and parents have profited from his wealth of practical, down-to-earth solutions to the most common and frustrating problems displayed by youth of all ages. These solutions come directly from years of research and experience serving severely disturbed youth and their families in psychiatric hospital, public school, and home settings.

Charles presents Love and Logic seminars and personal appearances throughout the nation. His audiences laugh and learn as they hear stories and examples illustrating his unique perspective on the Love and Logic approach to discipline. Many conference attendees have written comments such as, "The time went so fast...a very entertaining speaker" and "I'm so relieved that he gave us things we can actually use rather than lots of theory and impractical stuff."
Wednesday, June 26th, 2019
1:00 P.M. - 3:30 P.M.

Does Love and Logic Work with Kids Having Special Needs?
An Overview of the
Love and Logic: Supporting Youth with Special Needs™ Curriculum

On a daily basis, people ask, “Will Love and Logic work with kids who have special needs?” Because there exist such a diverse array of special needs, effectiveness depends mostly on understanding how to understand. That is, knowing how to discover what works best with each unique child. In this session, Charles will show how to facilitate classes that help parents, educators and professionals see how to apply the Love and Logic skills they’ve already learned to children with autism, emotional disturbance, specific learning disabilities, intellectual disability and other special needs. Participants will learn how this curriculum can:

- Provide a commonsense framework for identifying what each unique child needs to succeed.
- Show why youth with special needs are capable of success... as long as we believe they are.
- Help participants teach life skills that empower.
- Assist parents and educators in developing and maintaining cooperative home-school relationships.
- Give strategies that assist academically discouraged kids.

Charles Fay, Ph.D.

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Graduate-Level Credit Offered Through Brandman University

Course Title: Real Life Solutions for Real Life Problems

Course Instructors: Charles Fay, Ph.D., Jim Fay, John Aarons, M.S., Chris Burr, MEDL, Jedd Hafer, Larry Kerby, MBA & Kate Turner, MA, CSC, LPC

Cost: $95.00 per credit

Up to three semester hours of graduate-level credit can be earned.
Visit https://www.brandman.edu/LLI to see Brandman University’s website where you can view additional details and obtain registration materials.

For each single credit, participants must:
1. Attend and participate in one full day (5hr) session.
2. Study the publication required for that session.
   Note: To pre-purchase these materials, simply click on each title.

Day 1: All Sessions
Teaching with Love and Logic (Book)

Day 2: Larry Kerby, MBA
Parenting for Success (Book)
OR
Jedd Hafer
Shaping Self Concept (CD)
OR
Chris Burr, M.S.Ed., Jim Fay, & Charles Fay, Ph.D. (Administrator Session)
Creating a Love and Logic School Culture (Book)

Day 3: John Aarons, M.S.
Angry & Oppositional Students (CD)
OR
Chris Burr, M.S.Ed.
Quick and Easy Classroom Interventions (CD)
OR
Charles Fay, Ph.D.
New product to be released at the retreat
New product to be released at the retreat
Graduate-Level Credit (Continued)

3. Complete a Reaction Form for that session, and obtain a Certificate of Attendance from the Love and Logic Institute.

4. Complete a written report in which they:
   - Describe three skills/strategies from the session in detail, using narrative form. Each skill/strategy must be at least one full page. Do not use bullets, numbers or incomplete sentences. The description should be thorough, and assume the reader is not familiar with the topic.
   - Write specific learning objectives for each skill/strategy. Include what they wish to achieve and how they will do so.
   - Describe how they implemented each skill/strategy in their classroom or other work setting.
   - Report the results of using each skill/strategy, including how students or other adults reacted, whether there was improvement in behavior or achievement, etc.
   - Write a self-evaluation of their own strengths and weaknesses as they implemented each skill/strategy.
   - Describe what they would do differently next time and suggest areas for improvement.

Note: This report must be at least three pages, typed (12 point font) with 1 inch margins.
To earn a total of three graduate level credits, each participant must complete the requirements above for three separate full-day sessions. Their report would be a minimum of nine pages.

Approved CPE Provider

This course has been approved by

Texas Education Agency

- You will need to sign in each day.
- You will need to complete a reaction sheet for each day. We will issue a certificate for the number of hours completed based on your reaction sheet.
- Visit this page for more details.
Vacation at one of America’s most beautiful and fun locations!
The scenery is simply breathtaking.

At Beaver Run Resort, enjoy Colorado at its best.
At 9,600 feet above sea level, Beaver Run Resort is a world-class destination. Click here for more information.

Conference sessions end by 3:30 pm each day!
We believe that people learn best when they have time to rest and enjoy fun with friends and family.

There’s plenty of fun to be had!
Activities include hiking, biking, golfing, 4 X 4 tours, hot air ballooning, shopping, fishing, and much more! Click here for more information.

It’s affordable!
Room rates from $128 per room per night. Call 800-525-2253 (and mention Love and Logic) or visit https://bit.ly/2QEdC6y for more information and to reserve a room today. Space is limited!
One of Colorado’s Most Beautiful Settings...

We're blessed with our gorgeous summers that see plenty of sunshine and the mountain again beckons those outdoor enthusiasts to head outside and play. The White River National Forest, which surrounds Beaver Run, hosts activities from whitewater rafting, hiking, fishing, biking, and golfing to name a few. See page 19 for a full list! If you’re looking for an indoor activity, there is no shortage of options to choose from. From shopping on Main Street, to the Spa at Beaver Run, or local seasonal entertainment you’re bound to find something enjoyable.

Conveniently located less than two hours from Denver International Airport.

Air Travel & Transportation

Travel Coordinator (Optional): Roberta Fish will assist with flights, rental cars, and other travel options to and from Denver International Airport. Call 800-874-3170 or 970-241-1822 or email roberta@coloradotravelservices.com

Current negotiated airport shuttle rate $58/person/way

Within Breckenridge: Complimentary in town shuttle.

Parking: Free Garage-Parking

Lodging

Call 800-525-2253 and mention Love and Logic or visit https://bit.ly/2QEdC6y to receive discounted rate. Rates valid when booked on or before June 21st, 2019. For cancellations made more than 72 hours of scheduled arrival, the guest will be charged a processing fee of $35 per reservation. For cancellations made within 72 hours of scheduled arrival, the guest will be charged for one night’s lodging (room and tax). No-shows, early departures and/or late arrivals are non-refundable. See page 18 for room descriptions and pricing.

Meals

Lunch will be provided with a wide array of items to choose from. Friends and family will be able to join any credentialed attendees at their own expense.

High Altitude Awareness

Breckenridge’s average altitude is over 9,600 feet, and being in good physical condition has no bearing on one’s ability to acclimate. 20%-30% of all visitors will have some altitude illness symptoms. See page 23 for more information on how you can improve your acclimation to the altitude.
Room Descriptions & Pricing

**Resort Fee:** In addition to guestroom rates and taxes, there is a resort fee of 5.5% per room, per night. The fee includes daily maid service, in room coffee, internet access, in-town shuttle, resort recreational facilities, including two swimming pools, seven hot tubs, workout facilities, steam room and sauna, local calls and firewood delivered to your room.

**Hotel Room ($128 per night):** The hotel rooms provide comfort in a traditional setting: two queen beds, sitting area, a private bathroom, a coffee maker, a mini-fridge, and a microwave.

**Studio ($128 per night):** Studios feature an open layout with a queen bed and a small living and dining area with a queen sleeper sofa as well. The efficiency kitchen is great addition for those who enjoy eating breakfast or a snack in their own room.

**Breckenridge Studio ($135 per night):** Breckenridge Studios room layouts are completely re-designed and remodeled. Featuring an open floor plan, an enhanced efficiency kitchen with a full-size refrigerator, as well as an increased living room area, Breckenridge Studios have already been a huge hit with our guests.

**Colorado Suite ($135 per night):** This condo features a generous living area complete with a wood-burning fireplace and a private balcony. The efficiency kitchen is an added feature for those who enjoy eating breakfast or a snack in their own room. Bedding includes a queen bed and a queen sleeper sofa.

**Summit Suite ($140 per night):** Summit Suites are completely re-designed and remodeled, featuring an open floor plan with a generous living area and wood-burning fireplace. The enhanced efficiency kitchen includes a bar counter with stools and a full-size refrigerator. Relax at the end of the day on your private balcony.

**One Bedroom Suite ($144 per night):** The One Bedroom Suite has more than 700 square feet, making you feel right at home. Get a great night’s rest in your fully enclosed master bedroom. A full-size kitchen stocked with all the necessary appliances gives you the flexibility to enjoy a home cooked meal without leaving your unit. A dining area, living room complete with queen sleeper sofa, wood-burning fireplace, and a private balcony also all come standard.

**Two Bedroom Suite ($215 per night):** Perfect for families or a group of friends, the Two Bedroom Suites contain a master bedroom with a private bathroom and queen bed, plus an additional private bathroom and bedroom containing two queen size beds. This all comes with a full kitchen, dining area, and a living room with a queen sleeper sofa and a wood-burning fireplace.

**SPECIAL OFFER:**
Group rates are available for up to three (3) days before and three (3) days after the event. Bring the whole family and build your summer vacation around this life changing event!
ACTIVITIES
Spa at Beaver Run
Golf
Biking
Alpine Slide
Horseback Riding
Fishing
Gondola Rides
Hiking
Peak 8 Fun Park
Hot Air Balloon Rides
Historic Museums
Stand Up Paddleboarding
Mini Golf
Shopping
4 X 4 Tours
Tennis
Mineshaft Maze
Whitewater Rafting

SERVICES & AMENITIES
24-hour front desk and concierge services
In-room dining: 7am-9pm
Daily housekeeping services
Garage-parking for hotel guests
In Town Shuttle
Children’s amenities and activities
Launderette
Dry Cleaning
Business Services
Spa at Beaver Run
Retail Shops
Multiple dining options and restaurants
Two swimming pools & 7 Hot Tubs
Tennis Courts
In-room coffee
Local telephone access
Cable Television with HD programming
Wi-Fi internet access
The Love and Logic Bookstore at Beaver Run Resort will be open Sunday, June 23rd through Wednesday, June 26th. You will find a variety of follow-up resources in the bookstore, including the required publications for the graduate-level credit. We welcome cash, check, MasterCard, VISA, Discover, American Express and school purchase orders.

This will be a great opportunity to visit with Love and Logic representatives who can recommend the best resources for you and your family or school. Be sure to look for sale items, and we’ll even pay your shipping!

All of our products are also available on our website at: loveandlogic.com
FAQs

Where can I register for the conference?
There are four ways to register for the Love and Logic Educator & Parent Retreat:

1. Call 800-338-4065 and speak to one of our friendly customer care specialists.
2. Fax your registration to 800-455-7557.
4. Register by mail. Send your registration form and payment to the Love and Logic Institute:
   2207 Jackson Street, Golden, CO 80401

How do I pay the conference fee?
The conference fee is $450.00 (Early Bird Special: $420 if registered before 2/1/19).
We accept payment by cash, check, money order, school district purchase order, MasterCard, VISA, Discover and American Express. To register with a purchase order, please fax it along your registration form to 800-455-7557. Your name, home address, email address and phone number must be included on purchase orders. To pay by check, please make checks payable to the Love and Logic Institute, and mail them to 2207 Jackson Street, Golden, CO 80401.

Is conference attendance going to be limited?
Yes. We encourage you to sign up early to ensure yourself space at the conference. The Administrator Session on Tuesday with Jim Fay requires pre-registration.

How early can I register for the conference?
Representatives will be available between 5:00 P.M. - 7:00 P.M. Sunday evening for early registration, and at 7:00 A.M. Monday morning. Please be aware that class begins promptly at 8:00 A.M. each day. Seating is on a first-come, first-serve basis.

How will I gain access to the presentations?
Name tags will be given to each participant at check-in. They must be worn each day to enter class.

How will I recognize the Love and Logic representatives if I need help?
Look for our employees wearing name tags as well as Love and Logic shirts. Our staff is happy to help!

What is the conference attire?
Conference attire is casual.

Will I be able to hear all the speakers?
Probably not. Your conference fee guarantees excellent speakers each day. The sessions are on a first-come, first-serve basis. We encourage you to arrive early each day to ensure a spot in the session of your choice.
**FAQs**

**What if I make a wrong choice of speakers?**
Please feel free to change the presentation you are attending, as long as there is room in another session. You need only to make a notation of your change on your reaction sheet.

**How will I know where to find the session I want to attend?**
The room schedule will be handed out at registration and detailed in your conference workbook. You will be advised of any changes.

**Will people who are not attending the conference be able to have lunch with me?**
Yes, friends and family are welcome to join any credentialed attendees at their own expense.

**What if I have special diet needs?**
There will be plenty of options to accommodate vegetarian diets and food allergies. Please notate on registration form or notify us before May 24th, 2019.

**When will I register for the college credit?**
Forms describing the graduate level credit process will be available in the course workbook provided at registration. See page 14 for details.

**What if I want a Certificate of Attendance but am not taking the class for credit?**
Simply complete daily reaction sheets (found in the back of your workbook) to receive a certificate, and turn them into the Love and Logic Institute by July 31st, 2019.

**How do I find Beaver Run Resort?**
Denver International Airport (DEN) and the Colorado Spring Airport (COS) are served by most major airlines nationwide and internationally. Regardless of which airport you choose, you’ll have a scenic drive or shuttle ride to Breckenridge, CO to take in the dramatic views. Breckenridge is located in the central Rocky Mountains of Colorado, 120 miles west of Denver, approximately 2 hours from either airport by car.

**When can I check into the resort? Will I have a problem if I don’t get checked out of my room early on the last day of the conference?**
Check-in time is 4:00 P.M. Checkout time is 11:00 A.M.

**What is the cutoff date for room reservations at the resort?**
The room block is good until June 20th, 2019 or until our room block is full.

**What will I do if I have a problem with my lodging?**
If for any reason you have problems with lodging registration, please contact us at 800-338-4065 and we will do our best to resolve the problem.

**Does Love and Logic have childcare options at Beaver Run Resort?**
Please call us at 800-338-4065 for details about childcare options or visit this page for a list of options.
Summit County has some of the most beautiful mountains in the country, and we hope you enjoy your visit, but some of the very features that make our county so attractive may cause problems. The average altitude in Breckenridge is over 9,600 feet.

You will probably notice that your breathing is faster or deeper, you have an increased heart rate, and you may feel short of breath, especially when you exercise. This is the body’s first and most effective response to altitude. Being in good physical condition has no bearing on one’s ability to acclimate. 20%-30% of all visitors will have some altitude illness symptoms.

Ultraviolet rays from the sun are stronger at this altitude. No matter how tan you may be, you should use a sunblock with a minimum SPF rating of 15. Sunburn of the eyes is also a real danger. Wear sunglasses with UV protection, even on cloudy or overcast days.

How you can improve acclimation to altitude:

- Increase fluid intake — drink 8 to 12 glasses of water a day. Water and juices are better than tea, coffee, soft drinks or alcohol.
- Decrease salt intake.
- Increase carbohydrate intake, such as pasta, rice and pancakes. Decrease protein intake, such as steak and eggs.
- Reduce alcohol and caffeine — 1 drink at high altitude does the work of 2.
- Tranquilizers and sleeping pills slow down breathing and should be avoided.

Symptoms of altitude illness:

Mild Symptoms
Headache, nausea, poor appetite, run-down feeling, shortness of breath with exertion. Altitude illness feels very much like an allergy or the flu. We recommend Tylenol, Ibuprofen or Aspirin for headache; Dramamine or Emetrol for nausea and lots of water. These symptoms will usually go away in a day or two.

Moderate Symptoms
When a symptom such as a headache is not relieved by Tylenol, Ibuprofen or Aspirin, or if vomiting, raspy cough or weakness occur, we recommend you seek medical care.

Severe Symptoms
Weak cough, disoriented “leave me alone” feeling, too weak to eat or get up, fingernails or lips blue in color, shortness of breath at rest, balance and/or coordination problems — seek medical help IMMEDIATELY!

AT NIGHT OR FOR EMERGENCIES, CALL ST. ANTHONY SUMMIT MEDICAL CENTER AT:

970-668-3300 or 911

St. Anthony Summit Medical Center
340 Peak One Dr.
Frisco, CO 80443
Attendee Information  Are you attending the Administrator’s Session (no extra cost) on Tuesday the 25th?  ☐ Yes  ☐ No
Name ___________________________________________________________ Email ____________________________ City __________________ State ______ Zip __________
☑ Yes, I would like to receive Love and Logic’s FREE Insider’s Club weekly email tips.

Attendee Summer Contact Information (Leave blank if same as above.)
Name ___________________________________________________________ Email ____________________________ Day Phone ____________________________ Address ____________________________________________________________ City __________________ State ______ Zip __________

Billing Information (Leave blank if same as attendee.)
Organization ___________________________________________________________ Billing Contact ____________________________ Day Phone ____________________________ Address ____________________________________________________________ City __________________ State ______ Zip __________

Payment Method  ☐ Conference $450.00 (Early Bird Special $420.00 register by 2/1/19)  Includes a Non-Refundable Deposit $95.00  
☐ Credit Card (All types)  ☐ Check (Attached, payable to Love and Logic Institute, Inc.)  ☐ Purchase Order (Attached)
Card Number ____________________________ Exp. Date ________ Validation Code ____________
Amount ____________________________ Signature ____________________________